



PATTAYA CITY EXPATS CLUB NEWSLETTER

FOUNDED IN MARCH 2001 - PATTAYA'S FRIENDLIEST EXPAT CLUB
MEETING EVERY SUNDAY FOR NINE YEARS

April 16, 2010 to April 22, 2010

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WHERE DO WE MEET?

Everyone is welcome to attend. Although the Club usually meets at Henry J. Bean's Bar & Grill (part of the Amari Orchid Resort & Tower), this location is being renovated and will be reopened as The Tavern. During the renovations, the Club's Sunday meeting will be in the Rim Suan Room of the Garden Wing of the Amari Orchid Resort & Tower. For directions and a map, please [click here](#).

BREAKFAST BUFFET AVAILABLE

A buffet breakfast is available from 9:30 am to 11:00am with coffee service starting at 9:00am. The program begins at 10:30 am and concludes around noon. Remember to obtain your coffee or tea refills before the pots are removed at 11:00 am. The Club has met at the Amari's Henry J. Bean's Bar & Grill for several years now with its pleasant laid back and informal atmosphere - which the Amari Hotel allows us to use without charge. Please support our continued use of these facilities by purchasing a buffet ticket or, if you do not want a full breakfast, at least the toast and coffee or tea.

For more information about the Club – email info@pattayacityexpatsclub.com or visit www.pattayacityexpatsclub.com
To subscribe to the Newsletter emailed each week – email newsletter@pattayacityexpatsclub.com

Sunday, April 18 -Meeting Program

Sawadee Pi Mai - Happy New Year.

Songkran, that wonderful time of year is still upon us and the 18th is the day for events in Naklua with Pattaya's big day on Monday the 19th. Even though Songkran will still be ongoing, the Club has met continuously every Sunday since its inception and will continue with this tradition; even in the middle of the Songkran madness.

Our scheduled speaker has advised that he will brave the deluge and be here this Sunday. Phil Woollam is with the World Society for the Protection of Animals (WSPA). Phil has been working as a senior manager, consultant and activist for the past 10 years. Most recently in animal welfare for WSPA, previously for Greenpeace and the Foundation for youth development.

Phil has worked on projects as diverse as the Campaign for Justice in Bhopal, India, Climate change in Australia and Orangutan survival in Borneo. He is a New Zealander based in London. He will be talking about the general philosophy of WSPA and their work on bears, orangutans, and disaster management.

We will have the usual announcements of upcoming events in and around Pattaya, updates on club activities, and last, but not the least, there will be an Open Forum, which is the time for you to ask questions about living in Thailand, or Pattaya. We ask you to offer your own observations and suggestions on how to live better in Pattaya. Your humorous stories (jokes) are welcome, but remember you are in mixed company. Whether you are a new Expat, just visiting on holiday, or consider yourself an "old hand" at being an Expat in Thailand, you will find the Open Forum has humor and helpful information to offer.

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Special Announcements

The following announcements are of general interest to most Expats and Foreign Visitors to Thailand

TRAVEL IN BANGKOK – The Thai Government has declared a State of Emergency for Bangkok, Nonthaburi, Samut Prakan, Ayutthaya, Pathum Thani, Nakhon Pathom because of the ongoing political demonstrations by the UDD (red shirts). The latest news is that the red shirts are concentrating their location at the Ratchaprasong intersection (main shopping district in Bangkok). Foreign embassies continue to warn their citizens about traveling to or around Bangkok as the “red shirts” continue their demonstrations.

FOLLOW UP ON OPEN FORUM – During the Open Forum at the April 4 meeting, representatives of an insurance company announced a low cost policy for Thais and Expat residents. At last week’s Open Forum a member cautioned that based on his inquiries, there can be many restrictions added that were not mentioned, which may make the policy unattractive to some.

TWO NEW RESTAURANTS OFFER DISCOUNTS TO PCEC MEMBERS – The La Luna Italian Restaurant and Valentino’s Restaurant are now offering discounts to Club members. See the DINING OUT section for details.

AMOR RESTAURANT OFFERS EARLY BIRD DISCOUNT FROM APRIL 20 TO SEPTEMBER 30 - Amor is a PCEC featured restaurant. The discount for those dining between 5pm and 8pm will be 20% on food and drink (except wine). The Amor also offers a 3 course menu for 280 Baht plus service charge (early bird discount does not apply).

JOE LOUIS RESTAURANT IS PROMOTING A SONGKRAN FESTIVAL EVENT – They have invited all to visit them for some traditional Songkran activity from 17 to 19 April. The promotion includes 10% to 20% discount, a free appetizer, souvenir gift, and special cocktail drink for all customers. As a PCEC featured restaurant, the discount for Club members will be the usual 20%. For more information about the restaurant and location, visit their website <http://www.thaipuppet.com>.

AMARI WINE & SEAFOOD EXPERIENCE WILL BE ON FRIDAY, APRIL 30 – The featured wine will be a selection of Sauvignon Blanc wines from various countries matched by Chef Jens with an ensemble of fresh seafood tapas and other culinary delights. - it will be very interesting and delicious to test the chef’s choices this month. Last month’s many dishes were very good – Chef Jens is developing a track record of excellent dishes to match the featured wines. This month’s gastronomic exploration begins at 6:30 pm and is supposed to end at 8:30 pm. It will take place in the Amari Garden Lounge area (go through the Garden Wing into the Garden area). In the event of rain, it will be in the Amari Tower’s Ice Bar. The cost is 750 baht per person (638 baht for those who bring their PCEC card). Please list yourself and any friends who will be with you on the sign-up sheet so we can give the Amari an estimate of how many people to prepare for. Sign up, however, is NOT required. If you have a large group (10 or more) please contact Richard Smith at 038-412197, 089-244-9523 or by email at rick2mail@gmail.com or the Amari at 038-418-418.

Club Announcements

The following announcements are of particular interest to Club members regarding Club activities

NO DVD LENDING OR BOOK EXCHANGE DURING THE 18 APRIL MEETINGS –

“Hawaii” Bob Sutterfield is traveling over the Songkran holidays. He and Rita will be back for the April 25 meeting.

PATTAYA MAIL TV IS LOOKING FOR PCEC MEMBERS TO ANSWER QUESTIONS ON TV FOR THEIR NEW “ASK THE EXPERTS” TV SERIES –

Paul Strachan, head of Pattaya Mail TV, is looking for people who are very knowledgeable in various areas to appear in this new series. A demo can be [viewed here](#). More details are in the Club Announcements on the [Club’s website](#). If you are interested, please list yourself on the sign-up sheet, or contact Lawrie McLoughlin at 085-063-5875, or by email at lawriemcl@hotmail.com.

PLANNING MEETING FOR BANGLAMUNG DISTRICT CROSS CULTURAL VOLUNTEER GROUP ON TUESDAY, APRIL 20 –

There will be a planning and information meeting for all those interested in participating in teaching, assisting or observing the English Conversation for Thais classes. The meeting will be at the Mike Shopping Mall 8th floor Meeting Room #1 at 6pm. For information about the opening ceremony and start of classes, see the *SPECIAL INTEREST GROUP* section of the Newsletter.

MEMBERS DINNER AT RIM TALAY RESTAURANT ON THURSDAY APRIL 22 –

The Rim Talay restaurant is a popular Thai seafood place on Jomtien Beach Road – It is an open air restaurant with plenty of space and, hopefully, will have a nice sea breeze coming from Jomtien Beach. It is located on Jomtien Beach Road a few meters past Jomtien Boat House (at Soi 8) going south. After celebrating Songkran (or skipping town to avoid it), come join your PCEC friends for some good food and camaraderie – all are welcome to join us. There is usually plenty of street parking in front of the restaurant. We will be ordering from their reasonably priced menu – although it specializes in seafood, there are other choices including a few European selections.

COMPUTER GROUP WILL MEET ON MONDAY MAY 3 –

The meeting will be at 2pm in the Markland’s Garage 3rd Floor Meeting Room. Michael Dovesen will be the host, and the discussion will be a more in depth look at Windows 7, particularly understanding what the Libraries are, and what they are used for. The problems with using Loxinfo as an email client with Windows 7 are being investigated. We will also discuss the use of the taskbar. All can see Michael demonstrate these items as they will be projected onto a large screen. A number of electrical connections and Wi-Fi are available so you can bring your laptop computer. You may park on the 3rd floor of the parking garage - the meeting room will be to your left as you walk to the garage elevator, and will have a sign “Meeting Room” on the door. If you are walking, enter the Markland Lobby, turn to the left to go to the elevator to the garage, take it to the 3rd floor, and the meeting room will be to your right as you walk out to the parking area. Please list yourself on the Computer Group sign-up sheet at this Sunday’s meeting and we will send you a reminder 3 to 5 days in advance of it. For questions, or for directions to the Markland, please contact Richard Smith at 037-412197, 089-244-9523, or by email at rick2@gmail.com.

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What's happening in and around Pattaya

This is a listing of upcoming events in Pattaya, Bangkok, and elsewhere. Inclusion of commercially sponsored events does not mean that the PCEC endorses the companies or their products. The events listed come from various sources. We usually list a telephone number, email address, or website to obtain additional information about the event. Since the events are subject to cancellation or change, you may wish to confirm the information before attending the event.

**IF YOU KNOW OF ANY UPCOMING EVENT NOT LISTED, PLEASE LET US KNOW SO THAT WE MAY PUBLISH IT
EMAIL THE INFORMATION TO NEWSLETTER@PATTAYACITYEXPATSClub.COM**

THIS WEEK (full listing follows)

- **Friday, April 16 to Tuesday, April 20 - Songkran Celebration continues in Pattaya and Naklua**
- **Tuesday, April 20 - Planning meeting for the "English for Thais" classes**
- **Thursday, April 22 - Members' Dinner at Rim Talay Restaurant**
- **Thursday, April 22 - Punchline Comedy Club performance**

EVERY MONDAY, WEDNESDAY, & FRIDAY - THE PATTAYA BRIDGE CLUB meets at The Bowling Green, Soi Fuengfa (Soi Xyte), between Soi Boukhao and 3rd Road. They meet at 1pm. For more information and a map visit their [website](#).

LAST SUNDAY OF THE MONTH - QUIZ NIGHT TO BENEFIT TAKE CARE CHARITY at Bondi Beach Bar & Guest House, Dongtan Beach. The quizzing starts at 9pm. For more information visit their [website](#). Bondi also has a *Thais4Life Book Stall* which is open daily, with books for 80 Baht, all proceeds go to the *Thais4Life* charities. You can also drop off any unwanted book donations.

APRIL 18, SUNDAY – SONGKRAN “WAN LAI” EVENTS AT LAN PHO COURTYARD, NAKLUA – Events begin at 7am with giving alms to 99 Buddhist monks followed by the water pouring ceremony and the noon Buddha image parade going from Lan Pho to the Naklua Market.

APRIL 19, MONDAY – SONGKRAN “WAN LAI” EVENTS AT CHAI-MONGKON TEMPLE, SOUTH PATTAYA – Events begin at 8:30am with the bathing of the Buddha, water pouring, and Buddhist Monk ceremony followed by the Flower and Buddha parade up Beach Road to the Loma Curve, returning to the Temple. **The City has announced that Beach Road will be closed to traffic on this date.** In addition, festival goers travelling by car are asked to use the allocated car parking areas only, those being: Bali Hai Pier, Muang Pattaya School 8 and the Chai-Mongkon Temple. Most importantly, festival goers have been asked to refrain from using any high power water equipment or home-made PVC water cannons in the water splashing activities. Alcohol will also be restricted in and around the festival areas at this year's event.

APRIL 20, TUESDAY – SONGKRAN CELEBRATION AT LAN PHO COURTYARD, NAKLUA – Starting at 12 noon will be traditional Thai games – catapult shooting, Takrow competition, poetry quiz, Muay Thai competition, oil pole climbing, and martial arts competitions. At 6:30pm will be the Rice Throwing Ceremony and Parade of Angels followed by the Parade of Ghosts. Later in the evening a Country Music concert will take place including famous Thai acts such as Pee-Saderd and Ern the Star.

APRIL 22, THURSDAY – PUNCHLINE COMEDY CLUB PRESENTS STAND UP COMEDY

– The show will be at the Amari Orchid’s The Tavern (formerly Henry J. Beans Bar & Grill) starting at 9pm – adults only. Tickets are 1,200 Baht or 1,000 Baht if acquired prior to April 1. The comedians are Carl Donnelly, Mike Gunn, and Mark Billingham. For more information, call 038 075 293/6 or visit their website <http://www.punchlinecomedy.com/pattaya/> . Their website still shows HJB (the Tavern) as the location. However, based on information we have, the renovation will probably not be finished by then – we recommend you contact them for any changes in location.

APRIL 27, TUESDAY – PAGODA PATTAYA PRIDE SONGKRAN DINNER – Pattaya Pride (formerly Pattaya Gay Festival) lists this event on their website www.pattayapride.com . No other details are presently shown. We will add more information when it becomes available.

APRIL 30, FRIDAY – PATTAYA PRIDE PRESENTS REAR OF THE YEAR

COMPETITION - This event will be at the Copa Showbar in Boyz Town, Pattayaland Soi 3. The show starts at 10pm and the entry fee is 250 Baht, of which, 100 Baht will be donated to the Pattaya Pride (formerly Pattaya Gay Festival) supported charities. For more information about Pattaya Pride and the charities they support visit <http://www.pattayapride.com/>.

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Last Week's Meeting

This week's meeting of the Pattaya City Expats Club (PCEC) on Sunday, April 11th was at the temporary location in the Rim Suan Room of the Amari's Garden Wing. Since the meeting fell just before the start of this year's Songkran celebrations, as done for the past three years, the Club had a Songkran celebration to show some of the traditional aspects of this often misunderstood Thai festival.

Members and guests were greeted with a flower garland and invited to pour lustral (scented) water over the Buddha image at the entrance to the meeting room. Master of Ceremonies Les Edmonds welcomed everyone to this annual event and noted that the usual meeting format would be deviated from. The usual opening announcements, upcoming events, and Open Forum with Harry "Sig" Sigworth were completed prior to starting the Songkran ceremony.

Upon completion of the regular Club business, Master of Ceremonies Les welcomed the Club's honored guest, Khun Mongol, the Nai Amphur (Chief) for the Banglamung District and thanked him for again participating with the Club in this celebration. He then thanked Khun Sermsakdi, for making all the arrangements for decorations and the wearing of traditional costumes for the event as he has done for us in the past. Khun Sermsakdi gave a brief introduction to the Songkran celebration. Songkran is considered the Thai New Year and is a time for families to be together. He explained that the younger generations give blessings to their elders for a healthy life by pouring lustral water over their hands and receive a blessing from their elders in return. Khun Sermsakdi said that similar ceremonies are often held in the workplace.

Then, Khun Mongol and four of our Club members (elders) were invited to sit at five decorated tables on the stage. These members were the Club's Chairman Michel de Goumois, Board member and former Chairman Richard Smith, and members Cliff Hagarman and John

Hall. Once situated, members of the audience approached their tables and poured scented water over their hands in a show of respect, receiving their blessing in return.

After this ceremony, our other honored guest, Khun Noi Nongkoonoi was introduced. She is the manager of the Sanctuary of Truth. Khun Noi briefly mentioned that the three days of Songkran are celebrated in Thailand based on the local customs of the area and may differ somewhat from place to place. She said the first day is New Years day and is celebrated by the family. The second day often involves going to the Buddhist temple to honor the Buddha and monks. The third day is more for the water festival that most of us are familiar with – the throwing of water on all and sundry, which is greeted as great fun by the Thais. She then related that the building of the Sanctuary had started in 1981 by Kuhn Lek who was a very successful businessman with manufacturing and insurance interests. It was explained that the structure was not a temple but a sanctuary of peace, philosophy and understanding. The major world religions are equally depicted in parts of the Sanctuary.

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Club Membership

Membership is open to all. See Al Serrato before and during the meeting for renewal of your card, or for a new membership card. For renewal, just give Al your expired card.

For a new card, get the application form from Al or download from the Club's [website](#). Although the website application form says one photo is needed, Al will need two driver's license size pictures in addition to the application.

The annual membership contribution is 400 baht. This contribution funds the Club's operations so that it continues as a non commercial social organization.

In addition it will entitle you to discounts at the Club's featured restaurants listed in the Dining Out section of the Newsletter, at both Bangkok Hospital Pattaya and Phayathai Sriracha Hospital, and other businesses listed in the Club Benefits section of the Newsletter. Also, as mentioned in the Health Issues section of the Newsletter, members that qualify can obtain lower cost health insurance through the Club's group health policy.

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Club Activities

The PCEC offers an opportunity for everyone to become involved in mid-week informal groups covering many interests. If you have an interest or idea to start a new group, please discuss it with a member of the Governing Board and we will help you publicize it. The groups usually meet as scheduled, but it is always a good idea to contact the host to be sure of the date, time, and location.

SPANISH CONVERSATION GROUP - Meets the first and third Wednesdays of the month at 1pm at the Diamond Café located on the corner of South Pattaya Road and Third Road. This is a newly formed group for those that are interested in practicing their Spanish. For more information, email Al Serrato at alsdeman@hotmail.com,

FRUGAL FREDDY DINNER GROUP - Eats out weekly on MONDAYS. Their goal is finding good restaurants at very reasonable prices, primarily a meal for 200 Baht or less. Host Hawaii Bob says they try to keep to total price at or below 150 Baht, but don't want to rule out a good place - so, they will now entertain a good restaurant where you can get a complete meal for 200 Baht or less. Bob says to put your name on the signup sheet so they can email the chosen restaurant and its location to you or contact Bob at hawaiibob4you@yahoo.com for information on next Monday's venue.

DISCUSSION GROUP - Weekly on MONDAY from 10:30am to 1pm. This group meets at the Shagwell Mansions, across from Carrefour, in Soi Arunothai. All subjects are open for debate. For more information, contact Michel de Goumois at 081-525-1296.

GOLFING GROUP - Meets weekly on TUESDAY. Hawaii Bob is your host. No reservations are required. Contact Hawaii Bob for information on cost and how to have fun playing Bingo, Bango, Bongo. Everyone is welcome. Please sign-up for the golf group so Bob has some idea of how many are coming. Bob can be contacted by phone at 087-829-6824 or by emailing him at hawaiibob4you@yahoo.com.

THE BREAKFAST GROUP - Weekly on WEDNESDAY starting at 10am. Your Hostess is Marjorie Blissett. The group meets at the F&B on 2nd Road, opposite the Montien Hotel. A full breakfast is a very reasonable 100 Baht - and there is parking in the back.

TOUCHY TOPICS GROUP - Weekly on THURSDAY 1pm to 3pm - The format includes current topics of the week as well as a discussion on a controversial topic selected by the host, a member, or a guest. The topics are always thought provoking and subject to lively discussion. The group meets at Shagwell Mansions, across from Carrefour in Soi Arunothai. Contact David Dallimer at 080-638-3510 or email daviddallimer@hotmail.com.

FRIDAY BREAKFAST GROUP - Weekly on FRIDAY at 10am at Pure Shore on Pattaya Beach Road at Soi 5. Roger Fox is your host.

WRITERS CORNER GROUP - Usually meets weekly on FRIDAY from noon to 3pm at the Shagwell Mansions, in the Cafe. The hotel is located approximately 300 meters along Soi Arunothai which is located at the Traffic lights on Pattaya Klang (Central Road) opposite the Carrefour shopping Mall. The style of the meeting is very relaxed and informal. The writing group offers you a genuine opportunity to discuss any matters relating to reading and writing in a safe and supportive environment in which all are offered the opportunity to practice or improve their writing skills while sharing books and ideas with like minded members. Contact David Dallimer to confirm meeting time and place at 080-638-3510 or email daviddallimer@hotmail.com.

COMPUTER GROUP - Usually meets MONTHLY on the first MONDAY of the month at 2pm at Markland. The cost of the program will be 100 baht per person. The charge covers the cost of the room, coffee & cake, and some incidental expenses. There is free parking in the attached 10 floor parking garage. Please list your name on the Computer Group sign-up sheet and we will send you a reminder 3 to 5 days before the meeting. Howard may be contacted at magichoward@hotmail.com. For meeting information please contact Richard Smith at 038-412197, 089-244-9523 or by email at rick2@loxinfo.co.th.

MEMBERS' DINNER - MONTHLY, usually the 1st WEDNESDAY of each month. Michel de Goumois and Al Serrato select the location and coordinate the dinner. The location and date of the next Members' Dinner will be posted in the *ANNOUNCEMENTS* Section. To offer suggestions for our next members' dinner or for more information, please contact Michel de Goumois at 081-525-1296, or Al Serrato at 087-036-0625, or email info@pattayacityexpatsclub.com or see Michel or Al at our Sunday meetings.

PHOTOGRAPHY GROUP - Meets PERIODICALLY usually in the Conference/Common Room at the Markland located on the corner of Pattaya Beach Road and Soi 1. To receive 3 to 5 day advance notification of meetings, put your name on the Photography Group sign-up sheet. For more information, or to get on the list, call Richard Smith at 089-244-9523, or 038-412197.

PATTAYA AMATEUR RADIO GROUP - Meets PERIODICALLY. A new group formed for those interested in ham radio or electronics. For more information, contact Paul at 087-043-1408 or email him pauldaviesradio@hotmail.com.

BLUE WATER SAILING GROUP - Meets PERIODICALLY. This group is hosted by member Nathan Russo for those that are interested in blue water sailing. Nathan is now in Thailand after being in USA for a while. They will be scheduling sailing ventures on a periodic basis. Dates and times will be announced in the Newsletter. He would appreciate if those who want to attend would rsvp at Ncrusso1@gmail.com or telephone him at 085-275-6724.

FRIENDS OF PDA GROUP - Several members have signed up to work in partnership with Khun Mechai's efforts through his Population and Community Development Association (PDA) in improving the lives of Thai villagers. His efforts are described in the Pattaya Mail [article](#) on his address to the Club on October 19, 2008. The members of this group reached their fund raising goal and have entered into a memorandum of understanding with a village in the Buriram area. If interested in participating, contact Stuart Saunders at this Sunday's meeting or you can email him at Stuart21@mac.com.

BANGLAMUNG DISTRICT CROSS CULTURAL VOLUNTEER GROUP -- This group provides Volunteers to help Thais improve their English conversation ability through our "English Conversation for Thais" program. Our Opening session will be at 6pm on Monday, April 26, with the Banglamung Nai Amphur introducing our 11th session along with comments by our friend & sponsor Khun Surat and several important guests. Following the guests remarks we will have a discussion session with the new students to assess their English ability for class assignments. Classes will start the next evening, Tuesday April 27, 2010 at 6pm. The opening Ceremony and the Conversation classes will be held at the Mike Shopping Mall 8th floor Meeting Room #1 with classes held on Tuesdays and Thursdays for 12 weeks from 6pm to 8pm. We have been invited to teach at the Sathip Naval base in May. If you, or a friend, are interested in participating in this program as a student or a Volunteer, please list your name on the sign-up sheet at this Sunday's meeting. For our volunteers, please fill out a volunteer form so we can make the special BDEL Volunteer Group ID cards for you. They need to be signed by the Nai Amphur – will be good this time for two years. If you have any questions, please call Richard Smith at 038-412197, or 089-244-95323, or email rick2@loxinfo.co.th for more information.

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Club Services

This section lists various services offered by the Club or by members of the Club.

DRIVING LICENSE ASSISTANCE - Hans (or Jon) Stroosnyder will escort and assist those interested in getting a Thai driving license. Hans usually departs at 9am from the Henry J. Bean restaurant on the 1st Wednesday of the month. For more information, call Hans at 085-218-1773, or email him at khun.hans@gmail.com. See the [Vehicles page](#) on the Club's website for information on documents needed.

VISA ASSISTANCE - If you need or want some information on requirements to enter or remain in Thailand on a long stay basis, visit the Club's [website](#) and select the Visa & Immigration Page. If you still have questions or need assistance regarding remaining in Thailand on your present visa or visa exemption, please email info@pattayacityexpatsclub.com.

A DVD LENDING LIBRARY - Hawaii's BOB4YOU usually has some of his collection of over 2,000 DVD movies at the Sunday meeting to share with members. A current membership card will allow you to borrow 4 DVDs for up to 4 weeks at no charge. If you have videos that you no longer need, you are encouraged to donate them to the library.

BOOK EXCHANGE - Weekly during the SUNDAY meetings. A popular service started by Roger Fox and now administered by Hawaii Bob. - so please remember to bring those you have read (or don't want to read), and exchange them for the one you have been looking for.

LAMINATED PASSPORT CARDS - Kuhn Sermsakdi is usually available for making the laminated cards for passports for a nominal fee. Please see Sermsakdi to collect yours. The cards are laminated wallet size (an all-in-one copy - of the main page, TM (now HX) card, Visa page, and front of passport). These cards have received good acceptance with businesses and hotels.

HAWAII BOB'S CLASSIFIED EXPAT ADS - Hawaii Bob has undertaken a service to his fellow expats by creating and disseminating a list of want ads – buy, sell, give away. To facilitate his efforts, we are posting the ads on the Club's website – on the Home Page click on “details” in the *Announcements and Upcoming Events* section. Or [click here](#) to go direct.

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Club Benefits

Certain businesses offer discounts to Pattaya City Expats Club Members. Show your membership card to get the discount.

BANGKOK PATTAYA HOSPITAL (BHP) OFFERS DISCOUNTS TO PCEC MEMBERS -

When you obtain your BHP ID or if you haven't done so already, show them your membership card on your next visit.. As a PCEC member you will get a 10% discount on room rates, medication and prescribed drugs, and 10% off on dental treatment and 5% on prosthodontic dentistry. You may still be asked on occasion to show a currently valid PCEC card to verify you are still entitled to the discounts.

PHAYATHAI HOSPITAL SRIRACHA OFFERS DISCOUNTS TO PCEC MEMBERS -

Club members now receive a 10% discount on medicines (inpatient and outpatient), main physical check up, CT, and MRI scans. This discount is good till November 14, 2010 for the initial period.

PCEC MEMBERS GET A 10% DISCOUNT FROM YOU STINKY DOG! -

You Stinky Dog! is a pet grooming service with a difference. They come to you with their fully equipped vans. They will also offer special deals on food deliveries and accessories. Future plans are to also have a doggie camp, hotel, exercise pool, etc. For more information visit their [website](#) or call 089 - 832 - 4181 (Jiab) or 089 - 207 - 6582 (Tom) or Email : Jiab@youstinkydog.com.

PCEC MEMBERS RECEIVE A 15% DISCOUNT ON MR. MOO'S PORK PRODUCTS -

Mr. Moo! Co., Ltd. sells pork products from their own pig farm - sausages, bacon, and meat pies. Their retail office is located in the side soi to the north of Big C on Sukhumvit (close to AA Insurance). They are open 9am to 6pm Monday thru Friday, 9am to 4pm on Saturday, and 11am to 4pm on Sunday. Show your membership card to get the discount.

THE BIGGEST MINI GOLF IN ASIA OFFERS PCEC MEMBERS A 20% DISCOUNT -

This new mini golf has three 18 hole courses available for your enjoyment. It is located on Sukhumvit Road - going south toward Sattahip, it is on the left hand side just past the Floating Market and opposite the Elephant Camp. Regular price is adults 150 Baht and Children under twelve 100 Baht; but, show your membership card and get 20% off that price. For more information, telephone 089-882-15/7 (English & French) or 083-602-4655 (Thai).

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Member Supported Charities

The club encourages its members to be active in supporting charitable organizations. This section assists their efforts by providing information on some of these charitable activities.

NEW UNOPENED MEDICINES FOR THE MAE TAO CLINIC – Mae Tao Clinic Medicine Drive- Nathan Russo, a member of PCEC for several years is preparing once again for his annual medicine drive for the Mae Tao immigrant clinic, Mae Sot, Thailand on the border with Myanmar. This clinic gets no financial support from the government of Thailand and treats over 50,000 people annually. 100% of the medicines used at the hospital are either purchased with donated funds or donated by individuals within Thailand. The medicines donated must be new and never opened and from the list of medicines on the clinic's website. The paramedics at the hospital are trained to work only with medicines specified by the clinic that is why it is so important just to donate medicines listed on the clinic's website www.maetaoclinic.org . Once at the site click "donate" then "click here" under donate medicine. Nathan travels to Sukhothai every year for the Loy Krathong festival and during this time delivers all the medicine to the clinic about 100 kilometers to the west- all medicines should be donated by the Club's November 7th meeting. The clinic provides a signed receipt for all medicines received and a copy of this receipt which lists your medicine contribution is sent to you when Nathan returns after Loy Krathong. While Nathan is away in America, his friend Wayne will collect the medicines. Wayne's phone number is 084-328-3129. Nathan's email is ncrusso1@gmail.com or his mobile # Thailand 085-274-6724 or if you are in USA (404) 826-2556.

SAVE THAT DRINK AN RING PULL FOR A WORTHY CAUSE - Les Edmonds has requested that you save those aluminum can ring pulls rather than discarding them when you open the can. Gather up a few and bring them to Les. It seems they can be recycled for making artificial limbs. Les will see that they get to the right place.

EYE GLASSES FOR THE NEEDY - Member Dave Anderson has been collecting eyeglasses and frames for re-cycling and distributing to needy people in Thailand and Pattaya. He recently brought 2000 frames and lenses for distribution in Thailand through the Pattaya YWCA, City Hall, and his connection with a country wide program. There is always a need - if you have any old glasses or frames around, please bring them to the meeting, give them to Richard Smith. On Dave's latest visit, we gave him the eyeglasses received (about 50 to 60), which he said would be donated to the Eyeglass Bank Project.

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Health Issues

This section provides general information about health insurance, health care, and other medical information that may benefit Expats living in Thailand.

BANGKOK HOSPITAL PATTYA PROMOTIONS - BHP advises they have the following promotions: Valid now through June 30, 2010, pay 0% interest with 4 monthly installments for cosmetic surgery (inquire as to whether foreigners may receive this promotion). There is a special promotion for Lasik treatment for 39,900 Baht. Until June 30, 2010, Club members and Thais can get a total knee replacement for 194,000 Baht (Club members must present valid membership card when registering). During April and May, you can buy one check up package and get one free. For more information, visit their [website](#) or call 1719. Also see <http://www.bangkokpattayahospital.com/ebph/HealthyFamilySummer2010.pdf> for other special offers.

PHAYATHAI SRIRACHA HOSPITAL PROMOTIONS – Gavin Waddell advises that Phayathai Hospital Sriracha has the following promotions on offer for the month of April: Cervical Spine Examination with MRI for 8,500 Baht, regularly 9,500 Baht or Ischemic Stroke Risk Screening for 4,590 Baht, regularly 6,480 Baht - add a Carotid Artery with Magnetic Resonance Angiogram, for 11,000 Baht, regularly 18,930 (does not include MRI or MRA contrast media if required, does include doctor's fee and hospital service charge); Healthy Family Check Up Program for 2,590 Baht, regularly 5,300 Baht; CT Calcium Scoring examination for 1,450 Baht, regularly 2,900 Baht; Dental Root Implant plus Tooth Crown Package start at 40,000 Baht per tooth; ZOOM Tooth whitening for 8,500 Baht, regularly 9,600 Baht; and Eye examination by Ophthalmologist for 1,490 Baht, regularly 2,400 Baht. For information about Phayathai, contact Gavin Waddell, International Marketing Executive, at 038-770-200/8 Ext: 2426 or 089-750-0293.

IF YOU WANT MEDICAL LABORATORY BLOOD TESTS WITHOUT GOING TO A CLINIC OR HOSPITAL - Lifecare Laboratory [information](#).

LIVING WILL" REQUEST FORM -- More information and blank copies of the form can be found on the Club website [here](#).

GROUP MEDICAL COVERAGE - Is available only to those under age 59 and a half. Khun Neng (with the blinking light on his shirt) or another representative of AA Insurance are usually available at each Sunday meeting. They can answer your questions about the Group policy or other insurance coverage. For the Group coverage, you are eligible if you are under 59 1/2 for a new subscriber, and under age 64 1/2 for those currently in the Group plan. All the details, including coverage's and prices are in process of being loaded on the Club [website](#).

Dining Out

We have several featured restaurants that offer discounts for Club Members (show your card at the time you ask for your check). Also, our fellow members often discover a new place for dining out that they wish to share with others. We will list these discoveries here for a short period of time. To see more information about the featured and other recommended restaurants, visit the [dining out information](#) on the Club's website. For more information on the featured restaurants, visit [the featured restaurants](#) page on the Club's website.

Recent Member Recommendations (No discounts offered) Updated this Issue

Poseidon Restaurant has recently introduced a daily breakfast/lunch buffet from 8am to 1:30pm with many items available. Members' report that is very good and definitely value for money. It is offered at the very reasonable price of 145 Baht per person. They have also added a Weekend B.B.Q. (Friday & Saturday night) for 444 Baht per person. The restaurant is managed by Kim from Casa Pascal and is located in Jomtien Complex (first soi when approaching from South Pattaya on Thappraya Road). For more information, visit www.restaurant-pattaya.com. For reservations, please call: Restaurant Poseidon (038) 303-300 or 081-983-4182 (Kim)

The Village Chippy – Excellent Fish & Chips for 95 (small) and 120 (large) Baht – many other reasonably priced items on their menu. Location is 40 meters inside the Village on 3rd Road (opposite the Fire Station). Open Tuesday to Sunday, 11am to midnight. For more information, telephone 038-424-646 038-24-787 087-999-1246. Their website, www.thevillagechippypattaya.com appears to be under construction.

Recent Restaurant Discount Offers for Club Members Updated this Issue

La Luna Italian Restaurant - 15 % Discount – We have received an email offering a 15% discount to Club members. To receive the discount, they say to advise the staff/chef about the email offer to the Club, dated 13 April 2010. The restaurant offers weekly specials and is located on 3rd road about 100 meters before the traffic light at the North Road junction – right under the Sugar Home hotel – telephone 038-371-322.

Valentino Restaurant - 20% Discount – This Italian and Thai restaurant is located adjacent to Foodland Supermarket on Pattaya Klang (Central Road). They offer a wide variety of Italian and Thai food including freshly made pasta. Several members have eaten there and strongly recommended it to others – also recommended ordering the deserts as they are quite large. Visit their [website](#) for more information.

List of Featured Restaurants Offering Discounts to Club Members

Amari Orchard Resort & Tower Restaurants & Lounges - The Amari Orchard Resort has several restaurants and bars available, all offering Club members a 15% discount. Visit [here](#) for various monthly and other promotion information or call the Amari at 038-418-418). **Orchid Terrace & Garden Lounge** has an Italian Buffet every Friday from 6pm to 10:30pm for 490 Baht net per person - wine buffet & limoncello also available. **The Essence restaurant** offers a regular menu of western, Thai, Japanese, Indian, and Chinese specialties. Every Saturday from 6:30pm to 10:30pm, Amari has seafood BBQ by the pool for 750++ per person. The new Ocean Tower has a

24 hour restaurant with a view of the Resorts beautiful gardens, and with the new Horizon Club on the top floor, offers a new level of personalized service and audio-visual technology. **Henry J. Bean's** is being renovated starting March 23 and is expected to reopen using the name **The Tavern** about May 1. **Mantra** offers different cuisines in a fabulous setting. During April, they will be offering Sushi & Sake.

Other PCEC Featured Restaurants – **Joe Lous Puppet Theater & Thai Restaurant** - 20%; **Goose's Fish & Chips** - 20% - 087-133-4240 (English) or 081-576-3372 (Thai). Email: www.goosesfishandchips@yahoo.com; **Mike's Mexican Restaurant** -15% - 038-251365; **Edelweiss Swiss Restaurant** - 15% - 038-251-326 or 081-844-6037; **Amor Restaurant** - 10%, **Aquarius** - 10% (Jomtien Complex) 038-251-895; **Pizza Pizza** -10% (Avenue Shopping Center) - 038-723929, **Tequila Reef Cantina** - 10% (038-414035; **Big Horn Steakhouse** - 10% (Central Shopping Arcade, 2nd Road; 038-720289; **Green Tree Restaurant** - 10%; **Balcony Restaurant** - 10% (Pattaya Nua (North) Road) 038-411429; **Aloha Restaurant** - 10% (2nd Road) 038-723175; **Cafe New Orleans**- 10%; **Aungkam Northern Thai (Issan) Restaurant** - 10% (3rd Road) 038-370386; and **Palace Lebanese Restaurant** - 10% (4th Floor of Central Festival Pattaya Beach - Ocean end) 038-043-220.

If you find any information about our Featured Restaurants is incorrect, please contact us at info@pattayacityexpatsclub.com or Darrel-pcec@inbox.com.

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