



PATTAYA CITY EXPATS CLUB NEWSLETTER

FOUNDED IN MARCH 2001 - PATTAYA'S FRIENDLIEST EXPAT CLUB
MEETING EVERY SUNDAY FOR NINE YEARS

◆ SEE IMPORTANT NOTICE ON THIS PAGE FOR CHANGE IN MEETING LOCATION ◆

April 23, 2010 to April 29, 2010

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IMPORTANT NOTICE

CHANGE IN SUNDAY, APRIL 25 MEETING LOCATION - THE CLUB WILL MEET IN THE MARKLAND HOTEL

Because the Amari had previously scheduled events for their larger meeting rooms and the renovations at our regular meeting place Henry J. Bean's Bar & Grill (to reopen as the Tavern) are not complete, the meeting place for Sunday, April 25 will be in the Haad Sai Room on the 6th floor of the Markland Hotel. The Markland is located at Soi 1 and Beach Road – about 100 meters south of the Henry J Bean location. For those driving, parking is available in the 9 floor parking garage – park on the top two floors and you can enter on the Markland's 6th floor (If you are questioned by the attendant, tell them that you are with the Pattaya City Expats Club, he will have a parking ticket for you). Map and directions are on the website ([click here](#)) – directions are also in the [Club Announcements](#) section of the Newsletter.

BREAKFAST BUFFET WILL BE AVAILABLE AT MARKLAND

Arrangements have been made for coffee/tea, toast, fruits, & juices to be available in the Haad Sai Room for 85 Baht. A full buffet breakfast is available in the Blue Sky Restaurant on the 27th Floor for members at 160 Baht – See [Club Announcements](#) for more detail.

For more information about the Club – email info@pattayacityexpatsclub.com or visit www.pattayacityexpatsclub.com

To subscribe to the Newsletter emailed each week – email newsletter@pattayacityexpatsclub.com

Sunday, April 25 -Meeting Program

We hope that everyone survived Songkran.

This Sunday, the Club will meet in a new location. Since the Amari had previously scheduled events for their larger meeting rooms, it was necessary to change locations for this one meeting only. The meeting will be in the Haad Sai Room on the 6th floor of the Markland Hotel located at the intersection of Soi 1 and Beach Road. See the [Club Announcements](#) for more information.

The next meeting on Sunday, May 2 will be either in the newly renovated Henry J. Beans (newly named The Tavern) or back in the Rim Saun Room of the Amari's Garden Wing if renovations are not completed by then. We will include the meeting location on the Club's webpage and in next week's Newsletter.

This Sunday, we will have Dr. Phurin Sutanthavibul, M.D., from the Health Promotion Center of Bangkok Hospital Pattaya (BHP). His topic will be "Breadwinner or Homemaker - whose health is more important?" Dr. Phurin received his degree from the Faculty of Medicine, Siriraj Hospital, Mahidol University in 2001. He has had advanced training in Cardiology Life Support and served one year at Mahasarakram Hospital and two years at Payukkapumpisai Hospital. He is a member of the Medical Council of Thailand. Nat from BHP has arranged for free blood pressure checks and will be telling everyone about some of the Hospital's current promotions.

We will have the usual announcements of upcoming events in and around Pattaya, updates on club activities, and last, but not the least, there will be an Open Forum, which is the time for you to ask questions about living in Thailand, or Pattaya. We ask you to offer your own observations and suggestions on how to live better in Pattaya. Your humorous stories (jokes) are welcome, but remember you are in mixed company. Whether you are a new Expat, just visiting on holiday, or consider yourself an "old hand" at being an Expat in Thailand, you will find the Open Forum has humor and helpful information to offer.

Special Announcements

The following announcements are of general interest to most Expats and Foreign Visitors to Thailand

TRAVEL IN BANGKOK – The Thai Government has declared a State of Emergency for Bangkok, Nonthaburi, Samut Prakan, Ayutthaya, Pathum Thani, Nakhon Pathom because of the ongoing political demonstrations by the UDD (red shirts). The latest news is that the red shirts are entrenching in their current location at the Ratchaprasong intersection (main shopping district in Bangkok). Foreign embassies warn their citizens about traveling to or around Bangkok as the “red shirts” continue their demonstrations, which can expand to other parts of Bangkok without much notice. The Government continues to have a significant number of security personnel in the area and around Bangkok. If the Government should again try to move the “red shirts” from their location, more violence can be expected.

AMARI WINE & SEAFOOD EXPERIENCE WILL BE ON FRIDAY, APRIL 30 – The featured wine will be a selection of Sauvignon Blanc wines from various countries matched by Chef Jens with an ensemble of fresh seafood tapas and other culinary delights. - it will be very interesting and delicious to test the chef’s choices this month. Last month’s many dishes were very good – Chef Jens is developing a track record of excellent dishes to match the featured wines. This month’s gastronomic exploration begins at 6:30 pm and is supposed to end at 8:30 pm. It will take place in the Amari Garden Lounge area (go through the Garden Wing into the Garden area). In the event of rain, it will be in the Amari Tower’s Ice Bar. The cost is 750 baht per person (638 baht for those who bring their PCEC card). Please list yourself and any friends who will be with you on the sign-up sheet so we can give the Amari an estimate of how many people to prepare for. Sign up, however, is NOT required. If you have a large group (10 or more) please contact Richard Smith at 038-412197, 089-244-9523 or by email at rick2mail@gmail.com or the Amari at 038-418-418.

FOR UK EXPATS – INTERNATIONAL CONSORTIUM OF UK PENSIONERS – We have been advised that a group of UK pensioner expats are trying to get equality for all annual increases in their UK pensions. They invite those interested to contact Jim Tilley on jimtilley@bigpond.com (he leads the group in Australia but will be willing include those in Thailand). If interested, more information can be found on their website at www.pension-parity-uk.com.

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Club Announcements

The following announcements are of particular interest to Club members regarding Club activities

► APRIL 25 MEETING PLACE INFORMATION

Directions: The Markland Hotel is at the corner of Soi 1 and Beach Road, approximately 100 meters south of the Henry J. Bean location. The Haad Sai Room is on the 6th floor and can be reached by all the elevators (one glassed in elevator is on the Beach Road side of the Lobby and the others are on the opposite side). The parking garage entrance is on the right at the far end of the Markland building (going toward 2nd Road from Beach Road). It is recommended that you park on the upper two levels of the 9 floor garage, which have ready access to the 6th floor of the Hotel. The Club's [website](#) has a map showing the location of the Markland Hotel. We will have a greeter in the Lobby of the Markland to help members get to the floor they wish. And another on the garage top floor entrance to the Haad Sai Room to provide directions to the meeting room and the restaurant. The Haad Sai Room will be set up with round tables similar to the seating at Henry J. Beans, has a good sound system, and will have WiFi. If you have any questions about the meeting at the Markland, please call Richard Smith at 089-244-9523. The meeting will start at 10:30am as usual.

Breakfasts: Haad Sai Room - Around 9:30am, there will be a coffee, tea, fruit, fruit juice and toast service available. The cost will be 85 Baht and tickets can be purchased at the registration desk in the lobby of the Haad Sai Room or at the coffee table inside. **Blue Sky Restaurant** – A full breakfast buffet including eggs and omelets cooked to order is available from 7am to noon. There is a selection of western and Thai foods. The price for members is 160 Baht (a discount from the 180 Baht regular price). The Blue Sky Restaurant is on the 27th floor of the Markland Hotel. It has a great view and offers indoor and outdoor seating. You may go to the 6th floor Haad Sai Room at any time before the meeting starts. At 10:15am, we will make an announcement in the Blue Sky Restaurant that the PCEC meeting will be starting in 15 minutes. **PLEASE KEEP YOUR RECEIPT** from the breakfast buffet as it will be needed if, during the meeting, you want to have the coffee/tea service in the Haad Sai Room for no additional charge.

BLUE SKY RESTAURANT AT MARKLAND OFFERS PCEC MEMBERS 15%

DISCOUNT – The Blue Sky Restaurant, which will be the location for our Sunday meeting buffet breakfast, joins our list of favorite restaurants offering members a discount. The discount applies to food only; not beverages. It is on the 27th floor of the Markland Hotel and offers a beautiful view of Pattaya Bay. Show your card when you call for the check bin.

PATTAYA MAIL TV IS LOOKING FOR PCEC MEMBERS TO ANSWER QUESTIONS ON TV FOR THEIR NEW “ASK THE EXPERTS” TV SERIES

– Paul Strachan, head of Pattaya Mail TV, is looking for people who are very knowledgeable in various areas to appear in this new series. A demo can be [viewed here](#). More details are in the Club Announcements on the [Club's website](#). If you are interested, please list yourself on the sign-up sheet, or contact Lawrie McLoughlin at 085-063-5875, or by email at lawriemcl@hotmail.com.

COMPUTER GROUP WILL MEET ON MONDAY MAY 3 – The meeting will be at 2pm in the Markland's Garage 3rd Floor Meeting Room. Michael Dovesen will be the host, and the discussion will be a more in depth look at Windows 7, particularly understanding what the Libraries are, and what they are used for. The problems with using Loxinfo as an email client with Windows 7 are being investigated. We will also discuss the use of the taskbar. All can see Michael demonstrate these items as they will be projected onto a large screen. A number of electrical connections and Wi-Fi are available so you can bring your laptop computer. You may park on the 3rd floor of the parking garage - the meeting room will be to your left as you walk to the garage elevator, and will have a sign "Meeting Room" on the door. If you are walking, enter the Markland Lobby, turn to the left to go to the elevator to the garage, take it to the 3rd floor, and the meeting room will be to your right as you walk out to the parking area. Please list yourself on the Computer Group sign-up sheet at this Sunday's meeting and we will send you a reminder 3 to 5 days in advance of it. For questions, or for directions to the Markland, please contact Richard Smith at 037-412197, 089-244-9523, or by email at rick2@gmail.com.

DRIVERS LICENSE ASSISTANCE ON WEDNESDAY, MAY 5 - Hans will be making his monthly trip to the Banglamung Land Transport Office for those that want assistance in obtaining/renewing their Thai driving license. For more information see the [Club Services](#) section of the Newsletter.

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What's happening in and around Pattaya

This is a listing of upcoming events in Pattaya, Bangkok, and elsewhere. Inclusion of commercially sponsored events does not mean that the PCEC endorses the companies or their products. The events listed come from various sources. We usually list a telephone number, email address, or website to obtain additional information about the event. Since the events are subject to cancellation or change, you may wish to confirm the information before attending the event.

**IF YOU KNOW OF ANY UPCOMING EVENT NOT LISTED, PLEASE LET US KNOW SO THAT WE MAY PUBLISH IT
EMAIL THE INFORMATION TO NEWSLETTER@PATTAYACITYEXPATSCLUB.COM**

THIS WEEK (full listing follows)

- **Sunday, April 25 - Charity quiz night at Bondi Beach Bar & Guest House**
- **Monday, April 26 - Seminar on Regaining Control of Your Frozen UK Pension**
- **Tuesday, April 27 - Pagoda Pattaya Pride Songkran Charity Dinner**
- **Friday, April 30 - Wine and seafood experience at the Amari**
- **Friday, April 30 - Pattaya Pride presents Rear of the Year Competition (charity event)**

EVERY MONDAY, WEDNESDAY, & FRIDAY - THE PATTAYA BRIDGE CLUB meets at The Bowling Green, Soi Fuengfa (Soi Xyte), between Soi Boukhao and 3rd Road. They meet at 1pm. For more information and a map visit their [website](#).

LAST SUNDAY OF THE MONTH - QUIZ NIGHT TO BENEFIT TAKE CARE CHARITY at Bondi Beach Bar & Guest House, Dongtan Beach. The quizzing starts at 9pm. For more information visit their [website](#). Bondi also has a *Thais4Life Book Stall* which is open daily, with books for 80 Baht, all proceeds go to the *Thais4Life* charities. You can also drop off any unwanted book donations.

APRIL 26, MONDAY – SEMINAR ON REGAINING CONTROL OF YOUR FROZEN UK PENSION – The event will be held at the Grand Mercure Pattaya on Soi 15 East of 2nd Road and is presented by Questor Capital in partnership with Gower Pensions Management LTD. Their announcement notes that they will have their experts from the UK on hand to answer questions. Further, as places are strictly limited, they encourage interested persons to RSVP as soon as possible to avoid disappointment. Entry to the seminar is free. To RSVP, email Mark.S@questor-capital.com for more information, visit Questor's website at <http://www.questor-capital.com>

APRIL 27, TUESDAY – PAGODA PATTAYA PRIDE SONGKRAN DINNER – The evening starts at 8pm with a welcome "Pagoda" cocktail plus canapes and is then followed by a sumptuous dinner. The price is 1,350 Baht which includes a 350 Baht donation to the Pattaya Pride Charities. Reservations should be made directly to Pagoda Restaurant on 084-551-1880 or email pagoda-pattaya@hotmail.com. Pattaya Pride (formerly Pattaya Gay Festival) lists this and other events on their website www.pattayapride.com.

APRIL 30, FRIDAY – PATTAYA PRIDE PRESENTS REAR OF THE YEAR COMPETITION - This event will be at the Copa Showbar in Boyz Town, Pattayaland Soi 3. The show starts at 10pm and the entry fee is 250 Baht, of which, 100 Baht will be donated to the Pattaya

Pride (formerly Pattaya Gay Festival) supported charities. For more information about Pattaya Pride and the charities they support visit <http://www.pattayapride.com/>.

MAY 7, FRIDAY – MISS TIFFANY UNIVERSE 2010 CONTEST – This annual event will take place at the Tiffany Show Theatre in North Pattaya (2nd Road). The winner will receive 100,000 Baht and a new Honda Jazz. For more information including details on ticketing, contact the Tiffany Show Theatre at 038-421-711.

MAY 16, SUNDAY - PATTAYA PRIDE CHARITY DINNER AT MANHATTANS - The theme of the dinner will be A Taste of Olde England. The four course dinner begins at 7:30pm. The cost is 1,500 Baht with 500 Baht being donated to Pattaya Pride Charities. Ten percent of bar sales, excluding wine, will also be donated. For details, contact Jim at 038-424-099 or email ambiance@loxinfo.co.th or contact Manhattan Restaurant at 038-259-790 or email info@manhattans-pattaya.com.

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Last Week's Meeting

The Pattaya City Expats Club prides itself on having continuous weekly meetings since its inception in early 2001. So, when last week's meeting fell during Pattaya's famous (notorious) Songkran festival, the meeting was still held. Thirty seven brave souls arrived for the meeting. Club Secretary David Meador assumed the role of a coordinator for the meeting and kept things moving at a steady pace.

Our scheduled speaker, Phil Woolham, a director at the World Society for the Protection of Animals (WSPA) headquartered in London, was unable to attend. No, it wasn't Songkran that kept him away; rather it was a nasty volcano in Iceland that spewed ash into the atmosphere over the United Kingdom and much of Europe. Thus, his planned flight from London was canceled. Phil expressed his regrets and said he hoped to speak to the Club at a later date.

Although Phil was unavailable, frequent Pattaya visitor and Club member Duncan Macintosh was able to fill in. Duncan is an Australian financial wizard and WSPA supporter with a keen interest in reducing animal suffering. His focus was on the progress being made by WSPA in China where bears, and other animals, are used to supply a demand for animal parts and products. These products are used for medicinal purposes and often sought as an imagined enhancement to sexual performance.

As an example, he commented on bears that are kept in tiny cages up to 30 years in order to extract the bile produced in their liver and stored in their gallbladder.

He mentioned other practices in Asia that cause suffering to the animals involved, including their slow, painful killing in the belief that it improves the flavor of their meat. Many of these countries do not have laws against such practices and world treaties they sign agreeing to prevent such treatment are routinely not enforced. Duncan noted that some of these countries, China in particular, are sensitive to criticisms about barbaric practices. He noted that WSPA is not against the killing of animals; but, believe it should be done in a proper and humane manner. One of their main goals is to eradicate the inhumane treatment of animals. He passed out several petition forms for members and guests to sign. He said he believes that putting world political pressure on countries, especially China, is the way to get them to change. WSPA has a local office in Bangkok and their website is <http://www.wspa-international.org/default.aspx>.

By abbreviating some of the more routine aspects of the meeting, it concluded about 30 minutes earlier than usual; thus affording those in attendance to depart in time to avoid the worst of the Songkran madness.

Club Membership

Membership is open to all. See Al Serrato before and during the meeting for renewal of your card, or for a new membership card. For renewal, just give Al your expired card.

For a new card, get the application form from Al or download from the Club's [website](#). Although the website application form says one photo is needed, Al will need two driver's license size pictures in addition to the application.

The annual membership contribution is 400 baht. This contribution funds the Club's operations so that it continues as a non commercial social organization.

In addition it will entitle you to discounts at the Club's featured restaurants listed in the Dining Out section of the Newsletter, at both Bangkok Hospital Pattaya and Phayathai Sriracha Hospital, and other businesses listed in the Club Benefits section of the Newsletter. Also, as mentioned in the Health Issues section of the Newsletter, members that qualify can obtain lower cost health insurance through the Club's group health policy.

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Club Activities

The PCEC offers an opportunity for everyone to become involved in mid-week informal groups covering many interests. If you have an interest or idea to start a new group, please discuss it with a member of the Governing Board and we will help you publicize it. The groups usually meet as scheduled, but it is always a good idea to contact the host to be sure of the date, time, and location.

SPANISH CONVERSATION GROUP - Meets the first and third Wednesdays of the month at 1pm at the Diamond Café located on the corner of South Pattaya Road and Third Road. This is a newly formed group for those that are interested in practicing their Spanish. For more information, email Al Serrato at alsdeman@hotmail.com,

FRUGAL FREDDY DINNER GROUP - Eats out weekly on MONDAYS. Their goal is finding good restaurants at very reasonable prices, primarily a meal for 200 Baht or less. Host Hawaii Bob says they try to keep to total price at or below 150 Baht, but don't want to rule out a good place - so, they will now entertain a good restaurant where you can get a complete meal for 200 Baht or less. Bob says to put your name on the signup sheet so they can email the chosen restaurant and its location to you or contact Bob at hawaiibob4you@yahoo.com for information on next Monday's venue.

DISCUSSION GROUP - Weekly on MONDAY from 10:30am to 1pm. This group meets at the Shagwell Mansions, across from Carrefour, in Soi Arunothai. All subjects are open for debate. For more information, contact Michel de Goumois at 081-525-1296.

GOLFING GROUP - Meets weekly on TUESDAY. Hawaii Bob is your host. No reservations are required. Contact Hawaii Bob for information on cost and how to have fun playing Bingo, Bango, Bongo. Everyone is welcome. Please sign-up for the golf group so Bob has some idea of how many are coming. Bob can be contacted by phone at 087-829-6824 or by emailing him at hawaiibob4you@yahoo.com.

THE BREAKFAST GROUP - Weekly on WEDNESDAY starting at 10am. Your Hostess is Marjorie Blissett. The group meets at the F&B on 2nd Road, opposite the Montien Hotel. A full breakfast is a very reasonable 100 Baht - and there is parking in the back.

TOUCHY TOPICS GROUP - Weekly on THURSDAY 1pm to 3pm - The format includes current topics of the week as well as a discussion on a controversial topic selected by the host, a member, or a guest. The topics are always thought provoking and subject to lively discussion. The group meets at Shagwell Mansions, across from Carrefour in Soi Arunothai. Contact David Dallimer at 080-638-3510 or email daviddallimer@hotmail.com.

FRIDAY BREAKFAST GROUP - Weekly on FRIDAY at 10am at Pure Shore on Pattaya Beach Road at Soi 5. Roger Fox is your host.

WRITERS CORNER GROUP - Usually meets weekly on FRIDAY from noon to 3pm at the Shagwell Mansions, in the Cafe. The hotel is located approximately 300 meters along Soi Arunothai which is located at the Traffic lights on Pattaya Klang (Central Road) opposite the Carrefour shopping Mall. The style of the meeting is very relaxed and informal. The writing group offers you a genuine opportunity to discuss any matters relating to reading and writing in a safe and supportive environment in which all are offered the opportunity to practice or improve their writing skills while sharing books and ideas with like minded members. Contact David Dallimer to confirm meeting time and place at 080-638-3510 or email daviddallimer@hotmail.com.

COMPUTER GROUP - Usually meets MONTHLY on the first MONDAY of the month at 2pm at Markland. The cost of the program will be 100 baht per person. The charge covers the cost of the room, coffee & cake, and some incidental expenses. There is free parking in the attached 10 floor parking garage. Please list your name on the Computer Group sign-up sheet and we will send you a reminder 3 to 5 days before the meeting. Howard may be contacted at magichoward@hotmail.com. For meeting information please contact Richard Smith at 038-412197, 089-244-9523 or by email at rick2@loxinfo.co.th.

MEMBERS' DINNER - MONTHLY, usually the 1st WEDNESDAY of each month. Michel de Goumois and Al Serrato select the location and coordinate the dinner. The location and date of the next Members' Dinner will be posted in the *ANNOUNCEMENTS* Section. To offer suggestions for our next members' dinner or for more information, please contact Michel de Goumois at 081-525-1296, or Al Serrato at 087-036-0625, or email info@pattayacityexpatsclub.com or see Michel or Al at our Sunday meetings.

PHOTOGRAPHY GROUP - Meets PERIODICALLY usually in the Conference/Common Room at the Markland located on the corner of Pattaya Beach Road and Soi 1. To receive 3 to 5 day advance notification of meetings, put your name on the Photography Group sign-up sheet. For more information, or to get on the list, call Richard Smith at 089-244-9523, or 038-412197.

PATTAYA AMATEUR RADIO GROUP - Meets PERIODICALLY. A new group formed for those interested in ham radio or electronics. For more information, contact Paul at 087-043-1408 or email him pauldaviesradio@hotmail.com.

BLUE WATER SAILING GROUP - Meets PERIODICALLY. This group is hosted by member Nathan Russo for those that are interested in blue water sailing. Nathan is now in Thailand after being in USA for a while. They will be scheduling sailing ventures on a periodic basis. Dates and times will be announced in the Newsletter. He would appreciate if those who want to attend would rsvp at Ncrusso1@gmail.com or telephone him at 085-275-6724.

FRIENDS OF PDA GROUP - Several members have signed up to work in partnership with Khun Mechai's efforts through his Population and Community Development Association (PDA) in improving the lives of Thai villagers. His efforts are described in the Pattaya Mail [article](#) on his address to the Club on October 19, 2008. The members of this group reached their fund raising goal and have entered into a memorandum of understanding with a village in the Buriram area. If interested in participating, contact Stuart Saunders at this Sunday's meeting or you can email him at Stuart21@mac.com.

BANGLAMUNG DISTRICT CROSS CULTURAL VOLUNTEER GROUP -- This group provides Volunteers to help Thais improve their English conversation ability through our "English Conversation for Thais" program. Our Opening session will be at 6pm on Monday, April 26, with the Banglamung Nai Amphur introducing our 11th session along with comments by our friend & sponsor Khun Surat and several important guests. Following the guests remarks we will have a discussion session with the new students to assess their English ability for class assignments. Classes will start the next evening, Tuesday April 27, 2010 at 6pm. The opening Ceremony and the Conversation classes will be held at the Mike Shopping Mall 8th floor Meeting Room #1 with classes held on Tuesdays and Thursdays for 12 weeks from 6pm to 8pm. We have been invited to teach at the Sathip Naval base in May. If you, or a friend, are interested in participating in this program as a student or a Volunteer, please list your name on the sign-up sheet at this Sunday's meeting. For our volunteers, please fill out a volunteer form so we can make the special BDEL Volunteer Group ID cards for you. They need to be signed by the Nai Amphur – will be good this time for two years. If you have any questions, please call Richard Smith at 038-412197, or 089-244-95323, or email rick2@loxinfo.co.th for more information.

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Club Services

This section lists various services offered by the Club or by members of the Club.

DRIVING LICENSE ASSISTANCE - Hans (or Jon) Stroosnyder will escort and assist those interested in getting a Thai driving license. Hans usually departs at 9am from the Henry J. Bean restaurant on the 1st Wednesday of the month. For more information, call Hans at 085-218-1773, or email him at khun.hans@gmail.com. See the [Vehicles page](#) on the Club's website for information on the process and the documents needed.

VISA ASSISTANCE - If you need or want some information on requirements to enter or remain in Thailand on a long stay basis, visit the Club's [website](#) and select the Visa & Immigration Page. If you still have questions or need assistance regarding remaining in Thailand on your present visa or visa exemption, please email info@pattayacityexpatsclub.com.

A DVD LENDING LIBRARY - Hawaii's BOB4YOU usually has some of his collection of over 2,000 DVD movies at the Sunday meeting to share with members. A current membership card will allow you to borrow 4 DVDs for up to 4 weeks at no charge. If you have videos that you no longer need, you are encouraged to donate them to the library.

BOOK EXCHANGE - Weekly during the SUNDAY meetings. A popular service started by Roger Fox and now administered by Hawaii Bob. - so please remember to bring those you have read (or don't want to read), and exchange them for the one you have been looking for.

LAMINATED PASSPORT CARDS - Kuhn Sermsakdi is usually available for making the laminated cards for passports for a nominal fee. Please see Sermsakdi to collect yours. The cards are laminated wallet size (an all-in-one copy - of the main page, TM (now HX) card, Visa page, and front of passport). These cards have received good acceptance with businesses and hotels.

HAWAII BOB'S CLASSIFIED EXPAT ADS - Hawaii Bob has undertaken a service to his fellow expats by creating and disseminating a list of want ads – buy, sell, give away. To facilitate his efforts, we are posting the ads on the Club's website – on the Home Page click on “details” in the *Announcements and Upcoming Events* section. Or [click here](#) to go direct.

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Club Benefits

Certain businesses offer discounts to Pattaya City Expats Club Members. Show your membership card to get the discount.

BANGKOK PATTAYA HOSPITAL (BHP) OFFERS DISCOUNTS TO PCEC MEMBERS -

When you obtain your BHP ID or if you haven't done so already, show them your membership card on your next visit.. As a PCEC member you will get a 10% discount on room rates, medication and prescribed drugs, and 10% off on dental treatment and 5% on prosthodontic dentistry. You may still be asked on occasion to show a currently valid PCEC card to verify you are still entitled to the discounts.

PHAYATHAI HOSPITAL SRIRACHA OFFERS DISCOUNTS TO PCEC MEMBERS - Club members now receive a 10% discount on medicines (inpatient and outpatient), main physical check up, CT, and MRI scans. This discount is good till November 14, 2010 for the initial period.

PCEC MEMBERS GET A 10% DISCOUNT FROM YOU STINKY DOG! - You Stinky Dog! is a pet grooming service with a difference. They come to you with their fully equipped vans. They will also offer special deals on food deliveries and accessories. Future plans are to also have a doggie camp, hotel, exercise pool, etc. For more information visit their [website](#) or call 089 - 832 - 4181 (Jiab) or 089 - 207 - 6582 (Tom) or Email : Jiab@youstinkydog.com.

PCEC MEMBERS RECEIVE A 15% DISCOUNT ON MR. MOO'S PORK PRODUCTS - Mr. Moo! Co., Ltd. sells pork products from their own pig farm - sausages, bacon, and meat pies. Their retail office is located in the side soi to the north of Big C on Sukhumvit (close to AA Insurance). They are open 9am to 6pm Monday thru Friday, 9am to 4pm on Saturday, and 11am to 4pm on Sunday. Show your membership card to get the discount.

THE BIGGEST MINI GOLF IN ASIA OFFERS PCEC MEMBERS A 20% DISCOUNT - This new mini golf has three 18 hole courses available for your enjoyment. It is located on Sukhumvit Road - going south toward Sattahip, it is on the left hand side just past the Floating Market and opposite the Elephant Camp. Regular price is adults 150 Baht and Children under twelve 100 Baht; but, show your membership card and get 20% off that price. For more information, telephone 089-882-15/7 (English & French) or 083-602-4655 (Thai).

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Member Supported Charities

The club encourages its members to be active in supporting charitable organizations. This section assists their efforts by providing information on some of these charitable activities.

NEW UNOPENED MEDICINES FOR THE MAE TAO CLINIC – Mae Tao Clinic Medicine Drive- Nathan Russo, a member of PCEC for several years is preparing once again for his annual medicine drive for the Mae Tao immigrant clinic, Mae Sot, Thailand on the border with Myanmar. This clinic gets no financial support from the government of Thailand and treats over 50,000 people annually. 100% of the medicines used at the hospital are either purchased with donated funds or donated by individuals within Thailand. The medicines donated must be new and never opened and from the list of medicines on the clinic's website. The paramedics at the hospital are trained to work only with medicines specified by the clinic that is why it is so important just to donate medicines listed on the clinic's website www.maetaoclinic.org . Once at the site click "donate" then "click here" under donate medicine. Nathan travels to Sukhothai every year for the Loy Krathong festival and during this time delivers all the medicine to the clinic about 100 kilometers to the west- all medicines should be donated by the Club's November 7th meeting. The clinic provides a signed receipt for all medicines received and a copy of this receipt which lists your medicine contribution is sent to you when Nathan returns after Loy Krathong. While Nathan is away in America, his friend Wayne will collect the medicines. Wayne's phone number is 084-328-3129. Nathan's email is ncrusso1@gmail.com or his mobile # Thailand 085-274-6724 or if you are in USA (404) 826-2556.

SAVE THAT DRINK AN RING PULL FOR A WORTHY CAUSE - Les Edmonds has requested that you save those aluminum can ring pulls rather than discarding them when you open the can. Gather up a few and bring them to Les. It seems they can be recycled for making artificial limbs. Les will see that they get to the right place.

EYE GLASSES FOR THE NEEDY - Member Dave Anderson has been collecting eyeglasses and frames for re-cycling and distributing to needy people in Thailand and Pattaya. He recently brought 2000 frames and lenses for distribution in Thailand through the Pattaya YWCA, City Hall, and his connection with a country wide program. There is always a need - if you have any old glasses or frames around, please bring them to the meeting, give them to Richard Smith. On Dave's latest visit, we gave him the eyeglasses received (about 50 to 60), which he said would be donated to the Eyeglass Bank Project.

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Health Issues

This section provides general information about health insurance, health care, and other medical information that may benefit Expats living in Thailand.

BANGKOK HOSPITAL PATTYA PROMOTIONS - BHP advises they have the following promotions: Valid now through June 30, 2010, pay 0% interest with 4 monthly installments for cosmetic surgery (inquire as to whether foreigners may receive this promotion). There is a special promotion for Lasik treatment for 39,900 Baht. Until June 30, 2010, Club members and Thais can get a total knee replacement for 194,000 Baht (Club members must present valid membership card when registering). During April and May, you can buy one check up package and get one free. For more information, visit their [website](#) or call 1719. Also see <http://www.bangkokpattayahospital.com/ebph/HealthyFamilySummer2010.pdf> for other special offers.

PHAYATHAI SRIRACHA HOSPITAL PROMOTIONS – Gavin Waddell advises that Phayathai Hospital Sriracha has the following promotions on offer for the month of April: Cervical Spine Examination with MRI for 8,500 Baht, regularly 9,500 Baht or Ischemic Stroke Risk Screening for 4,590 Baht, regularly 6,480 Baht - add a Carotid Artery with Magnetic Resonance Angiogram, for 11,000 Baht, regularly 18,930 (does not include MRI or MRA contrast media if required, does include doctor's fee and hospital service charge); Healthy Family Check Up Program for 2,590 Baht, regularly 5,300 Baht; CT Calcium Scoring examination for 1,450 Baht, regularly 2,900 Baht; Dental Root Implant plus Tooth Crown Package start at 40,000 Baht per tooth; ZOOM Tooth whitening for 8,500 Baht, regularly 9,600 Baht; and Eye examination by Ophthalmologist for 1,490 Baht, regularly 2,400 Baht. For information about Phayathai, contact Gavin Waddell, International Marketing Executive, at 038-770-200/8 Ext: 2426 or 089-750-0293.

IF YOU WANT MEDICAL LABORATORY BLOOD TESTS WITHOUT GOING TO A CLINIC OR HOSPITAL - Lifecare Laboratory [information](#).

LIVING WILL" REQUEST FORM -- More information and blank copies of the form can be found on the Club website [here](#).

GROUP MEDICAL COVERAGE - Is available only to those under age 59 and a half. Khun Neng (with the blinking light on his shirt) or another representative of AA Insurance are usually available at each Sunday meeting. They can answer your questions about the Group policy or other insurance coverage. For the Group coverage, you are eligible if you are under 59 1/2 for a new subscriber, and under age 64 1/2 for those currently in the Group plan. All the details, including coverage's and prices are in process of being loaded on the Club [website](#).

Dining Out

We have several featured restaurants that offer discounts for Club Members (show your card at the time you ask for your check). Also, our fellow members often discover a new place for dining out that they wish to share with others. We will list these discoveries here for a short period of time. To see more information about the featured and other recommended restaurants, visit the [dining out information](#) on the Club's website. For more information on the featured restaurants, visit [the featured restaurants](#) page on the Club's website.

Amor Restaurant offers Early Bird Discount from now to September 20- Amor is a PCEC featured restaurant. The discount for those dining between 5pm and 8pm will be 20% on food and drink (except wine). The Amor also offers a 3 course menu for 280 Baht plus service charge (early bird discount does not apply).

List of Featured Restaurants Offering Discounts to Club Members

Amari Orchard Resort & Tower Restaurants & Lounges - The Amari Orchard Resort has several restaurants and bars available, all offering Club members a 15% discount. Visit [here](#) for various monthly and other promotion information or call the Amari at 038-418-418). **Orchid Terrace & Garden Lounge** has an Italian Buffet every Friday from 6pm to 10:30pm for 490 Baht net per person - wine buffet & limoncello also available. **The Essence restaurant** offers a regular menu of western, Thai, Japanese, Indian, and Chinese specialties. Every Saturday from 6:30pm to 10:30pm, Amari has seafood BBQ by the pool for 750++ per person. The new Ocean Tower has a 24 hour restaurant with a view of the Resorts beautiful gardens, and with the new Horizon Club on the top floor, offers a new level of personalized service and audio-visual technology. **Henry J. Bean's** is being renovated starting March 23 and is expected to reopen using the name **The Tavern** about May 1. **Mantra** offers different cuisines in a fabulous setting. During April, they will be offering Sushi & Sake.

Other PCEC Featured Restaurants – **Valentino Restaurant** - 20% -038-428-210; **La Luna Italian Restaurant** – 15% - 038-371-322; **Joe Louis Puppet Theater & Thai Restaurant** - 20% - 038-488-073/5; **Goose's Fish & Chips** - 20% - 087-133-4240 (English) or 081-576-3372 (Thai). Email: www.goosesfishandchips@yahoo.com; **Mike's Mexican Restaurant** -15% - 038-251365; **Edelweiss Swiss Restaurant** - 15% - 038-251-326 or 081-844-6037; **Amor Restaurant** - 10%, **Aquarius** - 10% (Jomtien Complex) 038-251-895; **Pizza Pizza** -10% (Avenue Shopping Center) - 038-723929, **Tequila Reef Cantina** - 10% (038-414035; **Big Horn Steakhouse** - 10% (Central Shopping Arcade, 2nd Road; 038-720289; **Green Tree Restaurant** - 10%; **Balcony Restaurant** - 10% (Pattaya Nua (North) Road) 038-411429; **Aloha Restaurant** - 10% (2nd Road) 038-723175; **Cafe New Orleans**- 10%; **Aungkam Northern Thai (Issan) Restaurant** - 10% (3rd Road) 038-370386; and **Palace Lebanese Restaurant** - 10% (4th Floor of Central Festival Pattaya Beach - Ocean end) 038-043-220.

If you find any information about our Featured Restaurants is incorrect, please contact us at info@pattayacityexpatsclub.com or Darrel-pcec@inbox.com.